



For 57 Years: "Cops Helping Kids"

The Police Athletic League of Philadelphia is "Cops Helping Kids", a non-profit organization with 26 centers throughout the city, where police officers and volunteers enrich the lives of girls and boys through athletic endeavors, educational programs, and cultural activities.

PAL serves 23,000 girls and boys, keeping them active, interested and busy through its supervised, multi-faceted programs.

According to the National Center on Juvenile Justice, the peak hours for juvenile crime are 3 to 9 p.m. Fifty percent of all juvenile crime is committed during this six hour period. PAL centers are open during these hours when youngsters are most vulnerable.

For more than half a century, PAL has been providing the girls and boys of Philadelphia with a positive alternative to life on the street. PAL helps kids today and prepares them for tomorrow, making a better future for us all.

More than Athletics

PAL is more than athletics. Programs are continually added or modified to meet the changing needs of PAL youngsters and to better serve the youth of Philadelphia.

- *Homework Clubs*--Youngsters complete their homework assignments, expand their educational horizons and lean on the support of volunteers who provide extra help.
- *Educational Games*--The *PAL Challenge*, a *Jeopardy*-style game, the *24 Challenge*, a test of math skill, and a Citywide Spelling Bee encourage youngsters to learn while having fun.
- *Computer Labs*--Youngsters, who might otherwise not have access to a computer, have the option to gain instruction in software applications, access the Internet, or do their homework.
- *Positive Images*-- A 12-week series of self-esteem building workshops for girls ages 11-17, includes programs on career skills, self-image, money matters, relationships and more.



PAL is Free

No youngster ever pays to join PAL or to participate in any of its activities. All equipment and instruction are provided free-of-charge. PAL is supported by contributions from individuals, corporations and foundations.



PAL is Safe

The centers provide a safe haven in which to meet, play and learn. The facilities and programs are supervised by Philadelphia police officers, specially trained in youth activities and sports.



PAL is Fun

PAL offers kids opportunities that might not otherwise be available to them, such as cultural shows and concerts, museum trips, sports events, and even the opportunity to meet local celebrities from the world of sports, entertainment and government.

Free

Safe

Fun



Education

- College Fair
- *PAL Challenge*—quiz game
- Computer Labs
- Homework Clubs
- *24 Challenge*—math game
- *PAL Day at City Hall*
- *Positive Images*—self-esteem workshops
- PAL Scholarships
- Literacy Program

Sports

- Baseball and Softball
- Basketball Leagues
- Indoor Soccer
- Golf Tournaments & Clinics
- Gymnastics
- Tennis
- Bowling
- Volleyball
- Wrestling
- Weightlifting
- Flag Football
- Dance Program

Recreation

- Field Trips
- Billiards/Foosball/Ping-pong
- Chess Clubs
- Trips to pro/college sports games
- PAL Night at the Phillies
- PAL Night at the Sixers
- Movies/Shows
- Theater and Opera

PAL CENTER LOCATIONS

| <u>CENTER</u> | <u>ADDRESS</u> | <u>PHONE</u> |
|-----------------|------------------------|--------------|
| 23rd | 1845 N. 23rd St. | 684-0332 |
| Cozen | 732 N. 17th St. | 232-2101 |
| Fairhill | 2601 N. 11th St. | 229-0314 |
| Ford | 631 Snyder Ave. | 336-8750 |
| Gibbons | 6901 Rising Sun Ave. | 745-6465 |
| Haddington | 5501 Market St. | 474-3635 |
| Hunting Park | 900 Hunting Park Ave. | 457-1701 |
| Logan | 1100 W. Rockland St. | 457-5878 |
| Michelle Cutner | 2000 Catharine St. | 732-5292 |
| Mill Creek | 617 N. 43rd St. | 382-5622 |
| Nicetown | 1907 W. Tioga St. | 225-7121 |
| North Penn | 2423 N. 27th St. | 223-2246 |
| Olney | 5223 N. Carlisle St. | 457-2811 |
| Paley | 5330 Germantown Ave. | 844-8417 |
| Point Breeze | 1599 Wharton St. | 336-1451 |
| Police Memorial | 4253 Frankford Ave. | 289-8998 |
| Rivera | 3201 N. 5th St. | 423-8551 |
| Rizzo | 2524 E. Clearfield St. | 426-6583 |
| S.E.A.S. | 500 E. Allegheny Ave. | 291-9680 |
| St. Benedict | 6300 Garnet St. | 924-2361 |
| Southwest | 5900 Elmwood Ave. | 727-8181 |
| Tacony | 4401 Aldine St. | 335-4656 |
| Tucker | 4614 Woodland Ave. | 382-6341 |
| West Oak Lane | 7105 Limekiln Pike | 924-6193 |
| Wissinoming | 4419 Comly St. | 744-6914 |
| Wynnefield | 2251 N. 54th St. | 878-6439 |

“Help Cops Help Kids”
... Volunteer at PAL!



PAL Headquarters

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www.phillypal.com



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of Philadelphia



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